

NY/PA Track and Field Records, Windsor, NY

Boys

100M	Jimmy Massar – Johnson City	10.8	2004
200M	Michael Quercia – Marcellus	22.32 (FAT)	2009
400M	Michael Quercia – Marcellus	48.74 (FAT)	2009
800M	Jarrett Newby – Maine Endwell	1:59.2	2005
1600M	Lopez Lomong – Tully	4:27.8	2004
3200M	Jeff Martinez – Johnson City	9:43.25 (FAT)	2009
3000 Steeple	Christian Thompson – Candor	9:31.8	2007
110 Hurdles	Kenyan Hicks – Corning	15.0	2006
400 Hurdles	Jeff Naro – Corning	57.5	2006
4X100 Relay	Corning – George Baity, Ryan Daugherty AJ Johnson, Chris Davis	42.9	2008
4X400 Relay	Wyalusing, PA – Jimmy Chadwick, Darren Mahoney, Nick Kellogg, Dan Howard	3:31.70	2007
4X800 Relay	Lansing – Abbott, Usack, Lockett, Bernard	8:10.0	2003
Long Jump	AJ Johnson – Corning	23'8	2008
Triple Jump	AJ Johnson – Corning	47'6	2008
High Jump	Ethan Kilmer – Wyalusing, PA	6'4	2001
	Jermaine Thomas – Union Endicott	6'4	2007
Shot Put	Justin Bomysoad – Vestal	58' 10	2003
Discus	Jim Hurtubise Oneonta	159' 6	2003
Pole Vault	Joe LaBarbera – Montrose, PA	13' 6	2003
	Chris Yelverton – Vestal	13'6	2004

Girls

100M	Julia Koloski Montrose, PA	12.3	2007
200M	Missi Miller – Athens, PA	25.9	2004
400M	Samantha Howell – Vestal	58.7	2007
800M	Kati Holowacz – BGA	2:19.9	2007
1500M	Paige Mullins – Johnson City	4:46.70	2007
3000M	Kate Rosettie – Corning	10:32.3	2008
2000 Steeple	Caitlin Catella – Oneonta	7:28.4	2002
100 Hurdles	Katelyn Guerriere – Sidney	14.4	2005
400 Hurdles	Nakita Burke – Windsor	1:07.6	2004
4X100 Relay	Liverpool – Wanetta Rodney, Nikki Liadka, Janeeka Benson, Emily Coldren	50.5	2008
4X400 Relay	BGA - Marcie Day, Bethany Norris, Brittney Fahringer, Kati Holowacz	4:13.90	2007
4X800 Relay	Corning – Jenn Abel, Tiffany Payne Amanda Baker, Kate Rosettie	10:05.8	2008
Long Jump	Katelyn Guerriere – Sidney	18' 2	2004
Triple Jump	Katelyn Guerriere – Sidney	36'6 ³ / ₄	2006
High Jump	Amanda Haney – Sidney	5'4	2003
Shot Put	April Doyle – Lakeland, PA	39' ¹ / ₂	2008
Discus	Sarita Barreiro - Binghamton	111' 10	2008
	April Doyle - Lakeland, PA	111' 10	2008
Pole Vault	Amber Gaffey – Susquehanna, PA	11' 0	2007