

NY/PA Track and Field Records, Windsor, NY

Boys

100M	Jimmy Massar – Johnson City	10.8	2004
200M	Michael Quercia – Marcellus	22.32 (FAT)	2009
400M	Michael Quercia – Marcellus	48.74 (FAT)	2009
800M	Chad Noelle – Greene	1:57.43 (FAT)	2010
1600M	Lopez Lomong – Tully	4:27.8	2004
3200M	Jeff Martinez – Johnson City	9:43.25 (FAT)	2009
3000 Steeple	Christian Thompson – Candor	9:31.8	2007
110 Hurdles	Kenyan Hicks – Corning	15.0	2006
400 Hurdles	Cedric Forbes – Corning	56.39 (FAT)	2010
4X100 Relay	Corning – George Baity, Ryan Daugherty AJ Johnson, Chris Davis	42.9	2008
4X400 Relay	Wyalusing, PA – Jimmy Chadwick, Darren Mahoney, Nick Kellogg, Dan Howard Corning – Jarred Cornfield, Cedric Forbes, DJ Veasey, Ben Seiderman	3:31.70 3:31.73 (FAT)	2007 2010
4X800 Relay	Lansing – Abbott, Usack, Lockett, Bernard	8:10.0	2003
Long Jump	AJ Johnson – Corning	23'8	2008
Triple Jump	AJ Johnson – Corning	47'6	2008
High Jump	Ethan Kilmer – Wyalusing, PA Jermaine Thomas – Union Endicott	6'4 6'4	2001 2007
Shot Put	Justin Bomysoad – Vestal	58' 10	2003
Discus	Jim Hurtubise Oneonta	159' 6	2003
Pole Vault	Joe LaBarbera – Montrose, PA Chris Yelverton – Vestal David Miller – ESS	13' 6 13'6 13'6	2003 2004 2010

Girls

100M	Julia Koloski Montrose, PA	12.3	2007
200M	Lindsey Seymour – ESS	25.57 (FAT)	2010
400M	Lindsey Seymour – ESS	58.36 (FAT)	2010
800M	Kati Holowacz – BGA	2:19.9	2007
1500M	Lauren Mullins – Johnson City	4:46.24 (FAT)	2010
3000M	Lauren Mullins – Johnson City	10:20.56 (FAT)	2010
2000 Steeple	Mary Katherine Kulp – Vestal	7:27.50 (FAT)	2010
100 Hurdles	Katelyn Guerriere – Sidney	14.4	2005
400 Hurdles	Megan Springsteen – Owego	1:05.96 (FAT)	2010
4X100 Relay	ESS – Tanya McGee, Shatima Brown, Taylor Pierson, Lindsey Seymour	49.96 (FAT)	2010
4X400 Relay	ESS – Tanya McGee, Shatima Brown, Taylor Pierson, Lindsey Seymour	4:10.10 (FAT)	2010
4X800 Relay	Corning – Jenn Abel, Tiffany Payne Amanda Baker, Kate Rosettie	10:05.8	2008
Long Jump	Katelyn Guerriere – Sidney	18' 2	2004
Triple Jump	Camille Ginyard – Vestal	36' 7 ½	2010
High Jump	Amanda Haney – Sidney	5'4	2003
Shot Put	April Doyle – Lakeland, PA	39' ½	2008
Discus	Stephanie Simonds – Sidney	116'0	2010
Pole Vault	Camille Ginyard – Vestal	11'1	2010