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SEEDING CRITERIA WORKSHEET

Wrestler's Name: _____

Wrestler's School: _____

Wrestler's Weight Class: _____

1. Last Years Wins X5 =
MINUS
Last Years Losses X3 =
2010/11 Record Points: _____

2. This Years Wins X5 =
MINUS
This Years Losses X3 =
Current Year Record Points: _____

(ADD TOTALS TOGETHER FOR)
Total for wins and losses _____

3. Plus Prestige Points (from chart)
Tournament Placing: _____ **(Ex. Windsor 3rd)**
Points _____

TOTAL SEEDING POINTS: _____