

Gerry O'Donnell Meet Records

<u>Event</u>	<u>Name(s) – School</u>	<u>Time/Dist</u>	<u>Year</u>
100M	Steve Pierce – Maine-Endwell	11.0	2008
200M	Jimmy Massar – Johnson City	22.0	2005
400M	Jimmy Massar – Johnson City	48.3	2005
800M	Justin Wood – Walton	1:59.3	2002
1600M	Stephen Benedict – Windsor	4:23.6	2007
3200M	Jeff Martinez – Johnson City	9:36.6	2008
3000M Steeplechase	Stephen Benedict – Windsor	10:16.4	2005
110M Hurdles	Tex Wilson – Susquehanna Valley	14.9	2000
400M Hurdles	Justin Spalik – Windsor	56.7	2007
400M Relay	Chenango Valley – Greg Baxter, James Sodan, Lawrence Jackson, Trevor Cole	45.0	2006
1600M Relay	Windsor – Justin Spalik, Brenton Jones, Richie DiVirgilio, Russell Shirley	3:30.9	2008
3200M Relay	Chenango Valley – Andrew Reid, Tim Clark, Chris Pierson, Tom Armstrong	8:23.7	2000
Shot Put	Jason Fletcher – Windsor	54' 7 ½	1998
Discus	Gabe Fletcher – Windsor	157' 9	1999
Long Jump	Anthony Rogers - Susquehanna Valley	21' 4	2008
Triple Jump	Jimmy Massar – Johnson City	42' 7	2003
High Jump	Adam VanOstrand – Windsor	6' 4	2003
Pole Vault	Pete Friedman – Windsor	13' 6	1997
Team Score	Windsor	193	1998